As the prevalence of healing gardens has grown so have the terms used to describe them; many being difficult to distinguish from one another. This session presents a framework that describes the design focus, potential users, and relationships of various types of healing gardens, providing real examples of each type.

Learning Objectives
1. Understand the distinctions between healing garden types and their hierarchal relationships.
2. Learn how healing gardens are designed for different users with specific needs and goals.
3. Learn about research that examines relationships between active and passive participation, restorative experiences, and healing garden types.
4. Apply the understanding of healing gardens types in informing clients, educating stakeholders, and developing new projects.

Outline:
Introduction
- Describe the prevalence of healing gardens in outdoor design today
- Discuss the relationship between healing gardens, healing landscapes, and the greater concept of landscapes for health
- Introduce an organizational framework for understanding and classifying healing garden types

Define healing gardens
- Explain defining uses of healing gardens (active, passive, restorative, enabling)
- Describe research supporting defining uses

Define healing gardens sub-types
- Define various terms used in describing healing garden types (restorative, therapeutic, sanctuary, enabling, sensory, etc.)
- Describe how these terms and corresponding garden types relate to each other in a hierarchical framework
Define healing gardens sub-types (con’t)
- Discuss the users of different healing garden types as well as their particular needs
- Introduce design goals and details that correspond to particular healing garden types

Introduce built examples of healing garden types
- Present examples and images of existing healing gardens located throughout the United States and abroad
- Discuss specific design elements that exemplify the specific healing garden type
- Connect examples with evidence-based literature
- Describe how garden types can be used by other professionals (HTs, OTs, PTs, etc.)

Conclusion
- Describe areas where more focus is needed to determine additional user needs and garden types
- Discuss how the hierarchal framework is an important component in understanding healing gardens
- Reiterate how understanding user groups and needs is essential in promoting and developing healing gardens
- Provide resources where landscape architects can learn more about healing gardens

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